



Today my country is going through transformation, transformation of mind set. As a youth we are the building blocks of this nation. Our energy is to improve our self, our family, surrounding, society, nation and the world. What Swami Vivekananda required is just 100 youths of very strong will-force to transform the whole nation.

Let's pray for power to face, power of knowledge, power to co-operate, power to decide, power to assimilate, power to destruct the bad thoughts and make place to invite positive thoughts, power of containment, power of determination.

The key to succeed in life is devotion, determination, imbibing good qualities in every aspect of life.

Why some people succeed and others not?

I will tell you the secret, on an average scientist found every day our mind Process 72000 thoughts, Be an observer of your thoughts, write it down, analyse, prioritise. I don't have any magic stick to make your energy killing un-wanted thoughts to vanish, however we can certainly reduce our number of thoughts.

Million dollar question is how?

Most simple way is to resolve the un-solved issues which repeatedly coming to your mind, if you can't resolve, lets think in depth work out the plan and execute. Many thoughts vanish once you observe it and realise the ultimate truth.

Now you have filtered out good thoughts, give focus to your AIM, carrier/money/ social status/service/business/technical up-gradation/promotion. Once number of thoughts reduces, automatically your most needed developmental thoughts will get full attention / focus, become strong and give result. Just go through the biography of scientist, they converged whole of their energy in search of finding the Truth and got result, is it difficult for you now to realise and co-relate with the secret of success and strong focussed thought.

Identify the time wasters and channelize your energy for betterment.

Remember you are the creator of your own destiny.

Let's remember Gurudev Rabindranath Tagore's poem... where mind is without fear..



Where The Mind Is Without Fear - *Rabindranath Tagore*



SelfStudy.in

Where the mind is without fear and the head is held high

Where knowledge is free

Where the world has not been broken up into fragments

By narrow domestic walls

Where words come out from the depth of truth

Where tireless striving stretches its arms towards perfection

Where the clear stream of reason has not lost its way

Into the dreary desert sand of dead habit

Where the mind is led forward by thee

Into ever-widening thought and action

Into that heaven of freedom, my Father, let my country awake.



- happy beginning 2013

From selfstudy.in we wish you a very happy new year 2013.

Regards
Admin.
<http://selfstudy.in>